



# CURRICULUM OVERVIEW

## FORMATIVE SPIRITUALITY GRADUATE CERTIFICATE

The 12-credit Formative Spirituality certificate grounds you in the contemplative tradition while offering hands-on opportunities for practical application within parish ministry settings, agencies and for individual practice.

<b>PERSONAL &amp; SPIRITUAL FORMATION</b>		<b>CREDITS</b>
SEFS700	Individual Spiritual Direction	1
SEFS710	Prayer	2
SEFS721	Group Spiritual Direction I	2
SEFS712	Discernment	2
SEFS713	Retreat	
	OR	1
SEFS730	Incarnational Spirituality	
SEFS731	Spirituality within Diversity	2
SEFS732	Spiritual Classics for the Contemplative in Action	
	OR	2
SEFS733	Ignatian Exercises: Theology & Practice	
<b>TOTAL</b>		<b>12</b>